

## DEAR PARENT AND STUDENT,

This pamphlet will introduce you to the Guidance and Counseling services offered at Saint Joseph Academy.

Guidance services are designed to help students to become more aware of themselves, the world in which they live, and their role in that world. To that end, we aim to help students develop communication, critical thinking, and problem solving skills. These skills will enable students to interact responsibly with their environment and others in a creative and confident manner based upon Christian principles.

**Maryann Marek, M.Ed.**

**Director of Guidance**

**9th & 10 Grade Guidance Counselors**

**Maryann Marek, M.Ed.**

**Sr. Karen Lyons, CSJ, M.A.**

**College Counselors**

**Susan Jensen, M.S.S.A, L.I.S.W.**

**John Ryan, M.A.**

## SCHOOL MISSION

Saint Joseph Academy, an accredited, comprehensive Catholic high school founded in 1890 by the Congregation of Saint Joseph, exists for the purpose of providing quality education for women of diverse backgrounds. Central to the life of our school is a thrust for peace and justice in a community which promotes love of God, respect for self, others and the environment through living out the Gospel message. We encourage each student to develop positive values and to articulate her thinking so that she can become a leader making constructive contributions to society. We endeavor to nurture the talents of each young woman so she becomes a women of faith with a global perspective who is striving for integrity and preparing for life



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# Guidance & Counseling Department



**SAINT  
JOSEPH  
ACADEMY**

# Guidance & Counseling Department

## GUIDANCE MISSION

Our vision is to design and foster maximum development of individual potentialities by providing assistance to students, parents, faculty and administrators in the decision-making process for intellectual, social, emotional and spiritual growth.

## Counseling Program Components

### PERSONAL COUNSELING

- Academic
- Family
- Individual
- Referral to Community Agencies

### ACADEMIC

- Academic Monitoring
- Classroom Instruction
- Course Selection
- Eligibility
- Intervention Strategies
- Ohio Graduation Test Administration
- Standardized Testing/Interpretation  
(EXPLORE, PLAN, PSAT)
- Scheduling
- Study Skills

### POST SECONDARY PLANNING

- Career Exploration
- Career Information
- College Counseling

### PROGRAMS

- Financial Aid Planning  
(Cleveland Scholarship Program)
- Parent Education
- Post Secondary Enrollment Options  
(P.S.E.O.P.)
- Support Groups

## Guidance Curriculum

### GRADE 9

Emphasis is on transition/adjustment to high school, study skills, self awareness, personal growth, and the beginning of post-secondary planning. The EXPLORE test is administered as the first of the standardized tests.

### GRADE 10

Emphasis continues on personal growth, study skills, and post-secondary planning with particular focus on preparation for and interpretation of the PLAN test.

### GRADE 11-12

While attention is given to personal growth and development, the primary focus is on post-secondary planning - college and career information, fairs, open houses, visitations, applications, financial aid, scholarships, and standardized testing. (PSAT, ACT, SAT I & II)

### PARENTS/GUARDIANS

Opportunities are made available each year in the form of group presentations, individual conferences, handouts sent home, information on the website and mailed information regarding timely/pertinent topics and issues.

## Guidance Resources

**NAVIANCE** is a web based guidance tool that assists in providing valuable resources to students and parents in post secondary education planning. Students may search for colleges and scholarships, complete a learning styles and career inventory, build a resume, and manage college application timelines and deadlines. NAVIANCE allows students, parents, and counselors to share information on progress/status of college applications, academic opportunities, and other related topics.

**Ohio Career Information Services (OCIS)** is a web based guidance tool for career planning. Students and parents may explore information on occupations, employment, skills, education and training, financial aid, programs of study, and Ohio links.

Additional reference materials include college and career catalogues/CD's/DVD's, a wide variety of self help sources, hard copy college applications, and area employment opportunities.

### WE ARE HERE TO ASSIST YOU:

**Maryann Marek** 216.251.6788 ext. 211  
**Susan Jensen** 216.251.6788 ext. 210  
**John Ryan** 216.251.6788 ext. 237  
**Sr. Karen Lyons** 216.251.6788 ext. 209  
Visit our website at [WWW.SJA1890.ORG](http://WWW.SJA1890.ORG)